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# The No Complaining Rule: Positive Ways To Deal With Negativity At Work

"Get off the complain train and read this book!"

—KEN BLANCHARD,

author of *The One Minute Manager* and *The One Minute Entrepreneur*

## *The No Complaining Rule*



Positive Ways to Deal with  
Negativity at Work

**Jon Gordon**

International bestselling author of *The Energy Bus*



## Synopsis

Negativity in the workplace costs businesses billions of dollars and impacts the morale, productivity and health of individuals and teams. "In The No Complaining Rule: Positive Ways to Deal with Negativity at Work, Jon Gordon, a bestselling author, consultant and speaker, shares an enlightening story that demonstrates how you can conquer negativity and inspire others to adopt a positive attitude." Based on one company's successful No Complaining Rule, the powerful principles and actionable plan are practical and easy-to-follow, making this book an ideal read for managers, team leaders and anyone interested in generating positive energy.

## Book Information

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## Customer Reviews

Overall I enjoyed the book. It was a quick and easy read, and it made me think more about the impact complaining can have on an organization. Sometimes we get so used to complaining being a part of every day life that it is hard to see where we can improve. The author did a good job of pointing out in what situations people typically complain and how to overcome this bad cycle. However, I did find the book to be a bit too simplistic and repetitive. From an HR student's perspective, I would have liked to see more about the challenges she faced when trying to implement this philosophy within her company. I am sure that in reality it would be much more difficult to change someone's lifestyle completely. That being said, it is still a very interesting concept, and I would definitely recommend this book for anyone hoping to improve their negativity

for themselves or within their organization.

This is a really good book. I bought it for my wife but she let me read it as well. It is all about dealing with adversity without sinking into a death spiral of complaining and negative attitudes.

This is a great book for all who complain and or listen to complaining on a much too regular basis. I am looking forward to implementation of these practices.

So often I hear people say that there are lessons in adversity. Frankly most times I don't want to hear it because I am the one facing the challenge. This time I can honestly admit that the adversity that led me to this book is well worth it because I have learned a valuable lesson to Stop Complaining. This book is worth the money, time and effort to implement its strategies.

This book helps put life in perspective. A gentle reminder of how we should be more appreciative of all that God has done for us and how we must choose how to respond when life doesn't always turn out as planned.

This is a quick read with some good tips to live a happier more productive life.

Simple novel that provides a great solution to improve the work environment and help those around you stay positive

Had a few good tidbits inside. I enjoyed the overall premise.

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Procrastination: Deal with it all in good time (Lorimer Deal With It) Teasing: Deal with it before the joke's on you (Lorimer Deal With It) What to Do When You Grumble Too Much: A Kid's Guide to Overcoming Negativity (What to Do Guides for Kids) How to Overcome Negativity in the Workplace Money Talks Negativity Walks: Inspiring Messages from the World's Leading Encourager Discovering the Healer Within: Use Chakras & Intuition to Clear Negativity & Release Pain Spiritual Cleanse: Train Your Brain to Stop Negativity with Self-Hypnosis, Meditation and Affirmations The Power of a Positive No: Save The Deal Save The Relationship and Still Say No Private Government: How Employers Rule Our Lives (and Why We Don't Talk about It): How Employers Rule Our Lives (and Why We Don't Talk about It) (The University Center for Human Values Series) No Contact Rule: 17 Best Tips on How To Get Your Ex Back + Free Gift Inside (The no contact rule - No contact - Dating) Palmistry: Are You A Rule Maker or A Rule Breaker? Leaders and Followers.: Self-Help Books by Hassan Jaffer MADAS medieval and dark age skirmish rule book: Rule book Positive Options for Children with Asthma: Everything Parents Need to Know (Positive Options for Health)

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